COOKING DEMO

Cook it right, Eat it Healthy.

Date: 29 May 2015 (Friday)
Time: 12pm – 1.30pm
Venue: Meeting Room #01-17

FREE
Food Tasting
Max 30 pax
Only!

#MenuoftheDay



Spaghetti with Broccoli & Mushrooms



Healthy Mushroom Soup



Ms Yam Yoke Yin
Nutrition Consultant
MSc in Food Science with 28 years of experience in health promotion

FREE REGISTRATION!

Registration closes 15th May 2015
Limited seats available.
Act fast before you regret!

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